



www.triatlon-klub-maribor.si

TRIATHLON **hse** 2008

SATURDAY, 14.6.2008

Main sponsor



ORGANIZER:

TRIATLON KLUB MARIBOR

PLACE:

Lake in Zgornji Duplek

DATE:

Saturday, 14. 6. 2008

INFORMATION:

<http://www.triatlon-klub-maribor.si>

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- **OLYMPIC TRIATHLON**
- **TRIATHLON FOR RELAY TEAMS**
- **TRIATHLON FOR EVERYBODY**
- **SUPER SPRINT TRIATHLON**
- **CICI TRIATHLON FOR CHILDREN**

OLYMPIC TRIATHLON

SWIM 1500 m
BIKE 40 km
RUN 10 km

Compete for prize money 2000 €.

Condition: less than 10% after winner's time.

KATEGORIES:

G. - Juniors (1990 – 1989)
H. - Seniors (88 – 69)
I. - Veterans I (68 – 64)
J. - Veterans II (63 – 59)
K. - Veterans III (58 – 54)
L. - Veterans IV (53 – 49)
M. - Veterans V (48 – 44)
N. - Veterans VI (43 – 39)
O. - Veterans VII (38 and older)

Entry fee: 25 €

TRIATHLON FOR RELAY TEAMS

SWIM 1500 m
BIKE 40 km
RUN 10 km

KATEGORIES:

U. – men's relay
V. – women's relay
Z. – mixed relay

*MENS, WOMENS
AND MIXED
RELAYS*

THREE COMPETITORS
(swimmer, biker, runner)

Entry fee: 45 €

TRIATHLON FOR EVERYBODY

SWIM 300 m
BIKE 13 km
RUN 2 km

KATEGORIES:

P. School (1990 and younger)
R. Seniors 1 (89 – 74)
S. Seniors 2 (73 – 59)
T. Seniors 3 (58 and older)

Entry fee: 15 €

SUPER SPRINT TRIATHLON

SWIM 300 m
BIKE 13 km
RUN 2 km

KATEGORIES:

C. – Young cadets (1996 – 1995)
E. – Cadets (1994 – 1993)
F. – Young juniors (1992 – 1991)
FZ. – Juniors (1990 – 1989)

Entry fee: 15 €

CICI TRIATHLON FOR CHILDREN

SWIM 50 m
BIKE 1500 m
RUN 400 m

KATEGORIJE:

A. – School and preschool (1999 and younger)
B. – School (1998 – 1997)

Entry fee: 10 €

RULES

ALL COMPETITORS PARTICIPATE AT THEIR OWN RISK!

Athletes compete by ETU rules. Drafting is allowed, wearing helmets are mandatory.
Not following ETU rules, race marshal advices and security serves will lead to disqualification.

REGISTRATION AND PAYMENT

Registration on web site: <http://www.competitions.com> - [online registration form](http://www.competitions.com) .

Payment:

Triatlon klub Maribor
Ulica borcevc 1B
2000 maribor
Slovenia
IBAN:SI56045150000258528
SWIFT:KBMASI2X

More information:

Tel: **+38640535 680**

E-mail: info@competitions.com

REGISTRATIONS ARE OPENED UNTILL 9.15 A.M.

TIME SCHEDULE

8.00 – 9.15	Registration
9.15 – 9.45	Transition zone open for Cici, Triathlon for everybody and Super sprint
9.45	Race course briefing
10.00	start - CICI TRIATHLON
10.30	start – TRIATLON FOR EVERYBODY, SUPER SPRINT
11.30	Transition zone open for Olympic triathlon, relays and media triathlon
12.00	start - OLYMPIC TRIATHLON, MEDIA TRIATHLON AND RELAYS
15.00	Race closed
15.00	Spaghetti party with entertainment program
15.30	AWARD'S CEREMONY

On Olympic distance will be TIME LIMIT after the bike leg.

Athletes who won't finish with swimming and cycling after 2 hours and 15 minutes will be stopped in transition area.

TO ENTER WITH CAR TO DUPEK LAKE OR TO LEAVE IT you have to consider the follow time schedule:

- to 9.45 (or until all parking space is occupied) entering is possible

- 11.30 do 11.45 enter and exit is possible
- Po 14.30 (or when bike course is empty)

There are a lot of parking lots around the lake.

Awards

Each contestant will get food, drink and T-shirt. Prize fond: **2000 €** in prize money and more in sponsor's goods.

Prizes will be:

- medals and sponsors goods for first three in each category
- money prices for first 5 competitors overall (men+woman) on Olympic distance.
- cups for first three overall on Olympic distance

Professional photo order



Professional photo studio (Foto M) will make shots of every triathlete on swim, bike and run leg. The order will be possible on their home page <http://www.foto-splet.com/> .

Course

SWIM: The swim course will take place in Duplek lake. The course will be marked with buoys. Swimming will run counterclockwise. After first circle the athletes will have to run short out and back to the water. Expected water temperature: 20-22°C.

1 circle = 750m

OLYMPIC/MEDIA RELAYS/TEAM RELAYS: 2 circles

TRIATHLON FOR EVERYBODY/SUPER SPRINT: 1 small circle

CICI: 1 mini circle

BIKE: From Duplek lake through Dvorjane to Vurberk. The course is in first 4 km mostly flat, after that you can expect 10% ascent which stays 'till the turn.

1 circle = 13km

OLYMPIC/MEDIA RELAYS/TEAM RELAYS: 3 circles

TRIATHLON FOR EVERYBODY/SUPER SPRINT: 1 circle

CICI: 1 mini circle

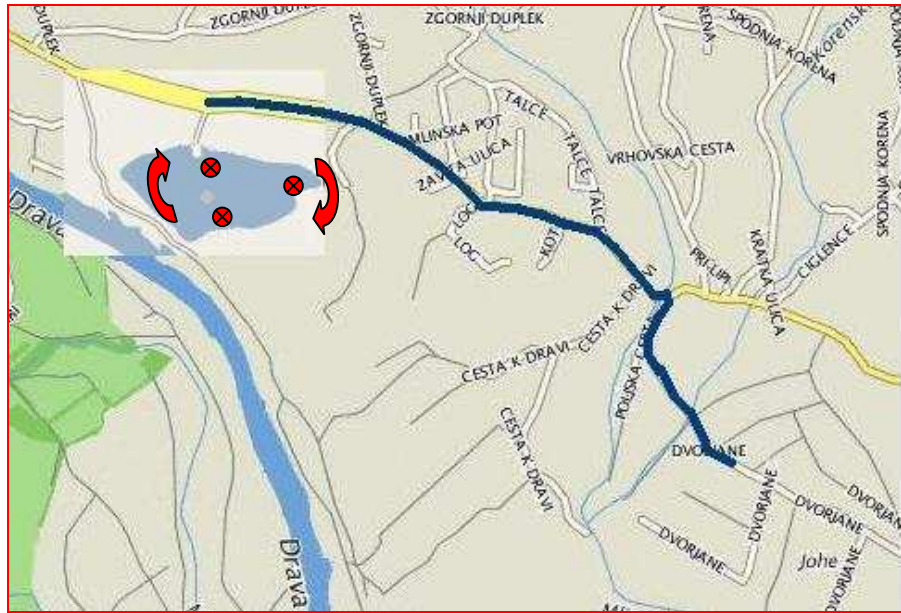
RUN: Course is running by bike course through country park and is through the whole time flat. There'll be 2 refresh stations (on the turn).

1 circle = 5 km

OLYMPIC/MEDIA RELAYS/TEAM RELAYS: 2 circles

TRIATHLON FOR EVERYBODY/SUPER SPRINT: 1 little circle

CICI: 1 mini circle

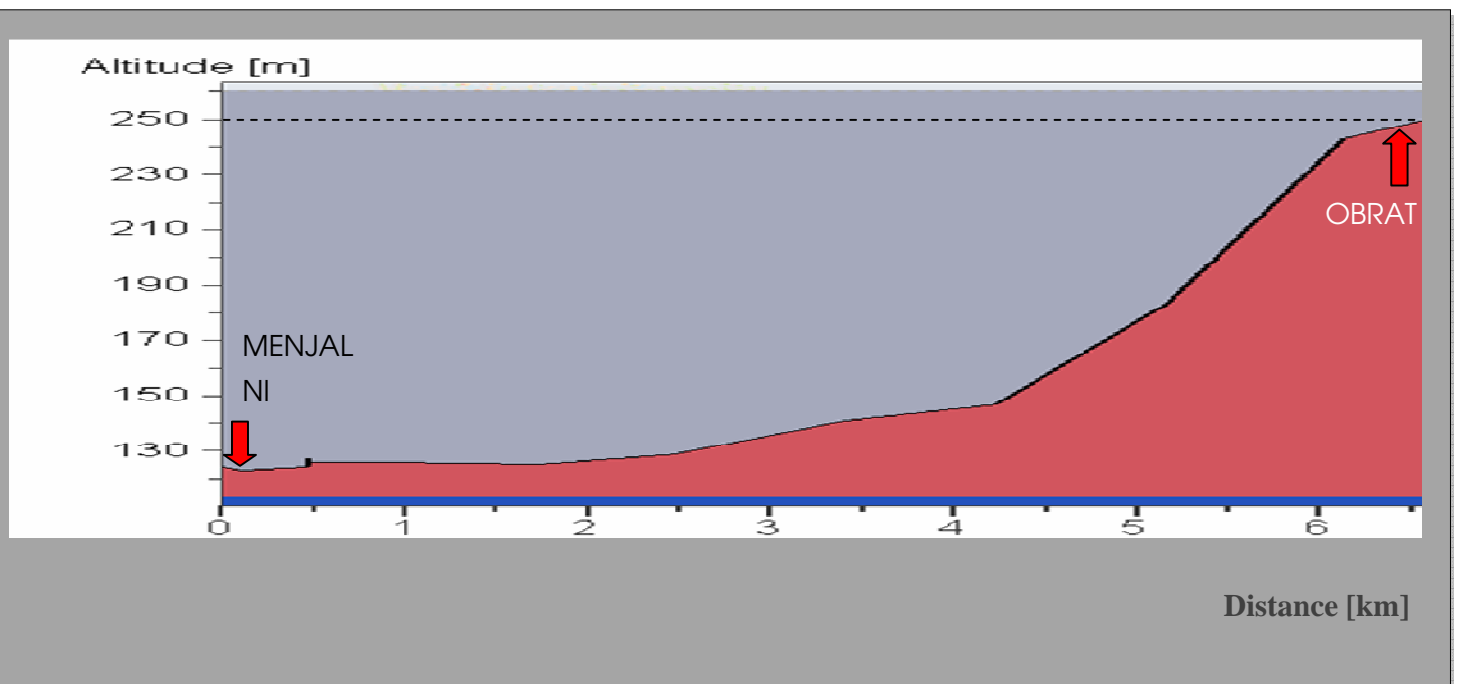


Picture 1: Swim and run course



Picture 2: Bike course

Bike course relief graph (Duplek-dvorjane-Vurberk)



1 circle = 13km
Altitude in 1 circle = 126 m
NV
Altitude (40km) = 378m
NV
Greatest incline = 10%

Arrival





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